

# RINGS

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Measure the circumference of your selected finger and use the below table to determine your size.

Band rings should fit snugly at the base of the finger, but also be wide enough to fit over the widest part of the finger. Band rings are available in widths of 4 – 6 mm.

Wider rings should be worn a bit looser than band rings.

To determine your size using one of your own rings, please refer to our printable [Sizing Chart](#).

RING SIZE	SIZE (IN)	SIZE (MM)	DIAMETER (MM)
4 ½	1 ⅞	48	15.27
5	1 15/16	49	15.7
5 ½	2	51	16.1
6	2 ⅛	52	16.51
6 ½	2 ⅜	53	16.92
7	2 3/16	55	17.35
7 ½	2 ¼	56	17.75
8	2 5/16	57	18.19
8 ½	2 3/8	58	18.53
9	2 7/16	59	18.89
9 ½	2 ½	61	19.41
10	2 9/16	62	19.84
10 ½	2 5/8	63	20.2
11	2 11/16	65	20.6
11 ½	2 ¾	66	21
12	2 13/16	68	21.49
12 ½	2 7/8	69	21.89

\*Moving up one size is recommended for wider rings